

## IMPORTANT NOTICE TO FOOD STAMP RECIPIENTS AGE 18 TO 50

Persons age 18 to age 50, who do not reside in a food stamp household with a child under the age 18 or do not meet an exemption to work requirement policy, will be **REQUIRED** to:

- work at least an average of 20 hours per week (80 hours per month); or
- participate in a qualified training program for an average of 20 hours per week (80 hours per month).

**Exemptions** may be:

- Determined to be physically or mentally disabled;
- Parent of a child under age 6;
- Pregnant; or
- Exempt from work registration.

**Qualified training program** means:

- A program under the Workforce Investment Act;
- A program under section 236 of the Trade Act of 1974; or
- Attend ABE (Adult Basic Education) classes.

If you do not meet the requirement or are not exempt, you will only be eligible to receive food stamp benefits for **three** months in a 36 month period.

**Talk to your eligibility specialist to learn more about this requirement.**

