



Practice Alert

Clinical Consultations with “The Center for Excellence in CHILD Well-Being”

As referenced in the Child Welfare Manual Section 4 Chapter 24, the informed consent policy directs staff to contact the statewide clinical consultant in situations when parents oppose the proposed course of mental health treatment, including recommendations for a psychotropic medication. Staff are encouraged to contact the statewide clinical consultant for other reasons deemed necessary to ensure the proper oversight of a child’s mental health treatment, including psychotropic medications.

The Center for Excellence in CHILD Well-being (the Center) is serving as our statewide clinical consultant. The Center is established through contract with the Department of Social Services and the University of Missouri Health, School of Medicine, Department of Psychiatry. The Center for Excellence in CHILD Well-being is operational and accepting consultation requests around behavioral health at this time.

The Center can provide consultation related to medication and/or mental health treatment. Examples of consultation the Center can provide related to medication include, but are not limited to, questions related to a child being placed on medications for the first time or a change in medication, parent(s) not consenting to recommended medication(s), or a general overview of all of a child’s medications if there is a concern. Case consultation tends to be longer term with the intention of finding a solution to better support more complex cases. This consultation may be aimed at stabilizing placement, reviewing trauma history, identifying appropriate types of therapy among other things.

To request a consultation through the Center, click on the following link:

https://is.gd/Center_for_Excellence_Referral. The referral link is also posted on the CD Intranet → Programs → Family Centered Out-of-Home Care → Center for Excellence Consultation Request. You will be prompted to provide the following information based on the type of consultation you are requesting:

Medication Only Consultation:

- **Medication(s):** List of all current medications including dosage. If consultation request is regarding a new medication/medication change you will need to provide the name of the new medication(s) being recommended, dosages and prescriber's reasons for that course of treatment
- **Diagnosis:** List of symptoms, specific condition to be treated
- **Non-pharmacological interventions:** What has been attempted, what alternatives are available
- **Prognosis without an intervention (new med only):** Probable physical and/or mental health consequences of not consenting to the recommended treatment/medication
- **Labs:** Any labs completed in the last year, including baseline fasting lipids and fasting glucose if on an antipsychotic or antipsychotic is recommended
- **Evaluations/Discharge Summaries/Prescriber notes**

Case Consultation (with or without Medication):

- **CD form CS-9:** If available, if not a history of the child's placement with the state
- **Discharge summaries:** Any and all summaries including residential or inpatient placements
- **Evaluations:** Any and all existing evaluations (e.g. psychological, psychiatric, educational)

Once the referral is submitted, you will receive the following message:

If the consultation request is for a child who is hospitalized, you should expect to be contacted by someone from the Center within 1 business day.

For all other consultation requests, you should expect to receive recommendations from the Center within 3-5 business days from the time we receive the child's records. If we do not have enough information initially to complete the review, someone from the Center will contact you.

NOTE: More information about support from the Center related to physical health issues will be released in a future notification once an implementation date is finalized.

Center for Excellence in CHILD Well-being Contact Information:

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