

# Supplemental Nursing Care

**Supplemental Nursing Care (SNC)** can help you pay for a supported living facility if you are unable to live on your own. Supported living facilities may include a licensed residential care facility, an assisted living facility, or an intermediate or skilled nursing facility.



## How does SNC help?

If you live in a supported living facility, but cannot afford it, SNC may be able to help pay for your care. SNC may also give you a small, personal allowance each month.

## Who is eligible?

To get help through SNC you must:

- Be 21 or older
- Live in a supported living facility
- Meet the citizenship, residency, and resource requirements\*
- Have an income that is less than the monthly cost to live in the supported living facility

\*To review the requirements, visit [tinyurl.com/ResourceLimits](https://tinyurl.com/ResourceLimits) and look for "Supplemental Nursing Care"

## How does it work?

When you apply for SNC, the Family Support Division will consider your monthly income from your job, Social Security, and any other source(s), and will compare that amount to the monthly cost of the facility in which you live. If your monthly income is less than the monthly cost, SNC could help cover the difference, (up to the maximum amount).

## How do I apply?

Your application process will depend on whether or not you are already enrolled in MO HealthNet (Missouri Medicaid).

### *I already have MO HealthNet*

If you already have MO HealthNet and you enter a nursing home/facility, you will need to apply for this benefit separately. You can apply in the following ways:

- **ONLINE:** Download the form: [tinyurl.com/IM-1MAC](https://tinyurl.com/IM-1MAC), and follow the instructions to submit your application.
- **IN-PERSON:** Visit your **local Resource Center** and ask for an application
- **PHONE:** **855-FSD-INFO** (855-373-4636)

### *I need to apply for MO HealthNet*

You can apply for MO HealthNet in any of the following ways:

- **ONLINE:** Visit [myDSS.mo.gov/healthcare](https://myDSS.mo.gov/healthcare)
- **IN-PERSON:** Visit your **local Resource Center**
- **MAIL:** Call **855-FSD-INFO** (855-373-4636) and request a paper application be mailed to you.



## Discrimination & Civil Rights

HHS provides federal financial assistance for many programs to enhance health and well-being, including TANF, Head Start, the Low Income Home Energy Assistance Program (LIHEAP), and others. If you believe that you have been discriminated against because of your race, color, national origin, disability, age, sex (including pregnancy, sexual orientation, and gender identity), or religion in programs or activities that HHS directly operates or to which HHS provides federal financial assistance, you may file a complaint with the Office for Civil Rights (OCR) for yourself or for someone else.

To file a complaint of discrimination for yourself or someone else regarding a program receiving federal financial assistance through HHS, complete the form on line through OCR's Complaint Portal at <https://ocrportal.hhs.gov/ocr/>. You may also contact OCR via mail at: Centralized Case Management Operations, U.S. Department of Health and Human Services, 200 Independence Avenue, S.W., Room 509F HHH Bldg., Washington, D.C. 20201; fax: (202) 619-3818; or email: [OCRmail@hhs.gov](mailto:OCRmail@hhs.gov). For faster processing, we encourage you to use the OCR online portal to file complaints rather than filing via mail. Persons who need assistance with filing a civil rights complaint can email OCR at [OCRmail@hhs.gov](mailto:OCRmail@hhs.gov) or call OCR toll-free at **1-800-368-1019**, TDD 1-800-537-7697. For persons who are deaf, hard of hearing, or have speech difficulties, please dial 7-1-1 to access telecommunications relay services. We also provide alternative formats (such as Braille and large print), auxiliary aids and language assistance services free of charge for filing a complaint.

The Missouri Department of Social Services is and equal opportunity provider.

## Hearings Information

If the Family Support Division changes or stops your benefits and you think the change is wrong, you can ask for a hearing. To do this, contact us by phone or in person.

- Visit: [dss.mo.gov/fsd/know-your-rights](https://dss.mo.gov/fsd/know-your-rights) or [dss.mo.gov/dls/hearings](https://dss.mo.gov/dls/hearings)
- Call: **855-FSD-INFO** (855-373-4636)