What help can I get?
LIHEAP can help you pay your heating or cooling bills and get Emergency Services:

- Blankets
- Emergency lodging
- Furnace and central air replacement and repairs
- Window air conditioners
- Wood stoves

Questions?
Call:
855-FSD-INFO
(855-373-4636)

Or start a chat on our website:
mydss.mo.gov/utility-assistance

LIHEAP helps keep families safe and healthy with assistance for their energy costs.

Family Support Division
LIHEAP Unit
P.O. Box 2320
Jefferson City, MO 65102

Get relief for your energy bills

Low Income Home Energy Assistance Program (LIHEAP)
Who can get help?
The Low Income Home Energy Assistance Program (LIHEAP) helps low-income people meet their immediate energy needs. It mainly helps those who spend a large amount of their household income on energy bills.

To qualify for LIHEAP assistance, you must meet each of these requirements:

1. Be the person responsible for paying home heating and cooling costs
2. Be a United States citizen or have been legally admitted for permanent residence
3. Have $3,000 or less in bank accounts, retirement accounts, or investments
4. Meet specific income guidelines that vary according to household size

How does it work?

Energy Assistance (EA)
EA will give you a one-time payment to help pay your heating or cooling bill during the months of October—September. The amount of help you receive is based on the size of your household, your household income, and the type of energy source used in your home.

Energy Crisis Intervention Program (ECIP)
ECIP can help you pay your fuel bills when your energy is in crisis. The amount of help you receive is based on the amount of money needed to settle your crisis with the energy provider.

Winter ECIP is available November-May based on funding; the maximum amount you could receive is $1,600.

Summer ECIP is available June-September based on funding; the maximum amount you could receive is $1,200.

How do I apply?
Get an application by calling: 855-FSD-INFO (855-373-4636)
Download and print an application here: mydss.mo.gov/utility-assistance

See the instructions attached to the application to determine how it should be completed and where it should be sent.