If you are elderly or disabled, you may be eligible to deduct certain out-of-pocket medical expenses from your income when applying for the Supplemental Nutrition Assistance Program (SNAP) to help you get the maximum monthly benefit amount.

Eligible expenses must be more than $35 a month and can include:

- Most medical and dental expenses
- Doctor approved prescription drugs and over-the-counter medication
- Dentures, eyeglasses, contact lenses, hearing aids or prosthetics
- Inpatient and outpatient hospital expenses
- Nursing or attendant care
- Certain transportation or lodging costs
- Health insurance premiums or Spend Down
- Service animal care costs

Who is eligible?

You may be eligible to deduct your medical expenses if you:

- Are elderly (age 60 or over) or disabled
- Have more than $35 in certain medical expenses each month

How do I apply?

To apply for SNAP benefits, you can:

- Visit mydss.mo.gov/apply
- Call 855-FSD-INFO (855-373-4636)
- Visit your local FSD Resource Center

How do I report my medical expenses?

To report your medical expenses, send us receipts of your medical expenses by:

- Email: FSD.Documents@dss.mo.gov
- Fax: 573-526-9400
- Mail: Family Support Division, PO Box 2700, Jefferson City, MO 65102
Discrimination

The Missouri Department of Social Services is committed to the principles of equal access to services. Applicants for or recipients of services from DSS who believe they have been denied a service or benefit because of race, color, national origin, sex, age, disability, or religion may file a complaint by writing to:

U.S. Department of Health and Human Services
Office for Civil Rights
601 East 12th Street, Room 353
Kansas City, MO 64106
Or call: 800-368-1019; TDD 800-537-7697
or
Office of Civil Rights
P.O. Box 1527
Jefferson City, MO 65102-1527
800-776-8014

The DSS Family Support Division is an Equal Opportunity/ Affirmative Action Employer and Provider.
Services are provided on a non-discriminatory basis.