## **Practice** Alert



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## Safe Sleep Environment Updates

The purpose of this Practice Alert is to provide notification that the Safe Sleep Practices Form (CD-117) and Resource Home and Safety Checklist (CS-45) have been updated to reflect the American Academy of Pediatrics (AAP) Safe Sleep guidelines. The AAP defines a safe sleep environment as a "crib, bassinet, portable crib, or play yard that conforms to the safety standards of the Consumer Product Safety Commission (CPSC)."

Addressing sleeping arrangements for infants 1 year of age and under is a critical component of assessing for safety in both licensed and unlicensed resource provider homes. An infant's sleeping arrangements should be observed and meet the safe sleep guidelines listed above at the time of placement and during subsequent home visits. Infants should not be placed or left in a resource home, regardless of licensure status, without a safe sleep environment. If placement of an infant is planned with a resource provider that does not have safe and appropriate sleeping accommodations, the resource provider should be connected with community resources and TEL-LINK (800-835-5465) as needed to obtain a crib, bassinet, portable crib, or play yard that conforms to the safety standards of the Consumer Product Safety Commission (CPSC) prior to placement.

To learn more about safe sleep information and resources visit http://safesleep.mo.gov.