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Care Management Show Me Healthy Kids

The Show Me Healthy Kids (SMHK) specialized managed care plan has been in effect since July 1, 2022. In addition to administering physical and behavioral health benefits, SMHK provides a Care Management program.

Care Management, at its core, is a person-centered approach to planning and coordinating an individual's care across the health care system. The SMHK's Care Management program involves a team of staff who, among other things: conducts initial outreach to caregivers when a child enters care; completes screening and assessments; collects medical records; assists youth and caregivers with scheduling appointments, locating providers, arranging transportation; and coordinates transitions of care.

- Once enrolled in the SMHK plan, the child is assigned to one of four Care Management tiers determined by their current health status and presenting needs. Tier designation can change with any new health event or upon request.
- Each child is assigned a Care Management Team Member - a single point of contact responsible for collaborating with the child's care team and coordinating his/her necessary health care services and supports. The amount of outreach and intensity of services and coordination is based on the child's assigned tier. If you do not know the assigned Care Manager for a child, email HSH_Anchors@homestatehealth.com for information.
- Care Managers - based on the child's assigned tier – may be a Registered Nurse, licensed behavioral health clinician, bachelor's-level social worker, or a non-degreed individual with experience working with the child welfare population.

SMHK Care Managers can:

- Identify providers to best meet a child's needs and make referrals for services
- Provide education on health care conditions and navigating the health care system
- Assist in working with providers to find a more timely appointment
- Help secure prescribed durable medical equipment
- Coordinate transitions of care/discharge planning
- Connect youth and caregivers to transportation, utility and food assistance, education supports
- Attend 72-hr, 30-day, and subsequent Family Support Team Meetings for children with complex health care needs. Send WebEx invites with the child's name, DCN, and DOB to HSH_Anchors@homestatehealth.com.

SMHK Care Managers do not duplicate the work of CD/FCCM case managers. Case Managers, resource parents, and older youth are encouraged to partner with SMHK Care Managers to support health and well-being goals and outcomes.

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