



Applying for SNAP Benefits

You can start your Supplemental Nutrition Assistance Program (SNAP) application on your own, or with help from the Family Support Division (FSD):

1. To get an application: Visit online, call FSD, or visit an FSD office.
2. Fill out as much of the application form as you can. If you need help, contact the FSD.

Proof to Include for Faster Service

Below is a list of some proof you can turn in with your application for each household member for which you are applying. Providing this may result in a faster decision on your SNAP benefits.

Only send copies - do not send the originals.

- Still apply if you don't have this verification and FSD will help you.
- These are only examples and you can send other information.

Need Help?

- Online: mydss.mo.gov
- By phone: **855-FSD-INFO** (855-373-4636)
- Relay Missouri: **711**
- TTY users can call **(800) 735-2966**
- In person: **Visit any FSD Office.** To find an office in your area, call the number above or visit us online.

Type of information	What are some examples of documents you can give us?
Identity	• Driver's license or State identification card • School or work identification card • Medical insurance identification card • Voter's registration card • Birth certificate • Passport
Residency (if questionable)	• Driver's license • Utility bills (such as electric, gas, or water) • Lease or mortgage receipts showing address • Mail sent to you at the stated address • Library card showing address • Voter's registration card
Immigration status	• Immigration and naturalization documents (<i>These are not required if you are a U.S. citizen, or for "non-applicants".</i>)

You may need to provide other documents depending on your situation:

We may need additional documents if:	Type of information	What are some examples of the documents you can give us?
Someone in your household is working (including gig work like Uber, Lyft, DoorDash, etc)	What you earn (wages or pay)	• Paycheck stubs (for the past 30 days) • Employer statement (if you are paid in cash or if you do not have your check stubs) • Self-employment invoices or receipts (includes rental income and freelance or contract work)
Someone in your household has other income (including Social Security or assistance payments)	What you receive as unearned or other income	• Social Security payment documents • Other retirement or pension benefits • Alimony • Child support agreement • Unemployment benefits
Someone in your household is receiving disability payments	What you receive for disability payments	• Supplemental Security Income (SSI) or Social Security Disability Insurance (SSDI) benefit documents • Veterans Administration (VA) disability benefits statement

We may need additional documents if:	Type of information	What are some examples of the documents you can give us?
Someone in your household has savings or resources	What you have as other financial resources	• Statements for bank accounts, savings accounts, and/or CDs • Stock shares or bonds
Your household has rent or a mortgage for where you live	What bills you have for rent or mortgage	• Copy of your lease • Mortgage documents • Property taxes • Insurance on property
Your household has utility expenses	What bills you have for electricity, heat, gas, water, telephone etc.	• Utility bills (gas, water, electricity, telephone etc.)
Someone in your household is responsible for childcare or adult care costs	What you pay for childcare or dependent adult care costs	• Bills or receipts for childcare or dependent adult care
Someone in your household pays child support	What you pay for child support	• Copy of court order showing your child support obligations • Income summary if child support is deducted from wages or income • Proof of child support payments made
Someone in your household is 18–49 years old and a student	Proof of enrollment and what is paid for educational expenses	• Financial aid statement from school • Enrollment forms or transcripts to verify your current status as a student • Receipts for mandatory school fees, books, or supplies
Someone in your household is age 60 or older, or disabled	Bills of medical expenses for this person (Does not include expenses paid by insurance or someone outside of the household)	• Medical bills • Summary of provided services such as doctor or hospital visits • An Explanation of Benefits (EOB) or other detailed receipts showing unreimbursed medical expenses • Identification from the Medical Assistance Program for people 65 and older (Medicare) that shows Plan “B” coverage • Prescription pill bottles showing cost on label or printout • Medical payment agreement • Invoices or receipts for medical equipment such as wheelchairs, hospital beds, or walkers (including any rental costs) • Receipts for transportation and lodging to obtain medical treatment

If you have applied for other types of assistance (Temporary Assistance, Medical, etc.) and have been denied, you may still be eligible for SNAP.

**The Family Support Division is an equal opportunity provider/employer.
The USDA is an equal opportunity provider/employer.**